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## FROM THE PRESIDENT

The GC Foundation has undertaken a special initiative, "Project Technology." The goal is to raise \$50,000 which can be matched dollar for dollar by ETACT (Educational Technology and Construction Trust) funds. The money will be used to create seven additional "smart" classrooms on campus.

Enclosed is a brochure describing the project which can help us to continue "leading the way" in instructional technology. If any faculty and staff wish to contribute to this worthy project, please send your donation to the Foundation Office.

## FROM THE DEAN

So far, 2001 students have pre-registered for Spring Semester, 1999. Let's hope that we enroll another 900 on January 6<sup>th</sup>.

Faculty, because we have very few days to process grades and get them mailed to students, please be sure to enter your grades in BANNER within 24 hours of each of your final exams. If any of you have questions about using the BANNER system to record your grades, please contact the Admissions and Records Office at X3644 or 3641.

*Thank you.*

# ANNOUNCEMENTS

The Staff Council would like to thank all faculty and staff who donated a toy(s) for the children at White Sulphur Elementary School. The boxes were overflowing thanks to your generosity. The counselor and principal were very excited and overwhelmed with the show of support.

THANKS!!!



Friday, December 11, at 1 p.m., the Fitness Center will sponsor a Power Lifting Meet (squat, bench press & deadlift) in the Fitness Center. Participants will receive free T-shirts and medals will be given for the top three lifters in each weight class.



## FAMILY HOLIDAY CONCERT TONIGHT, December 11

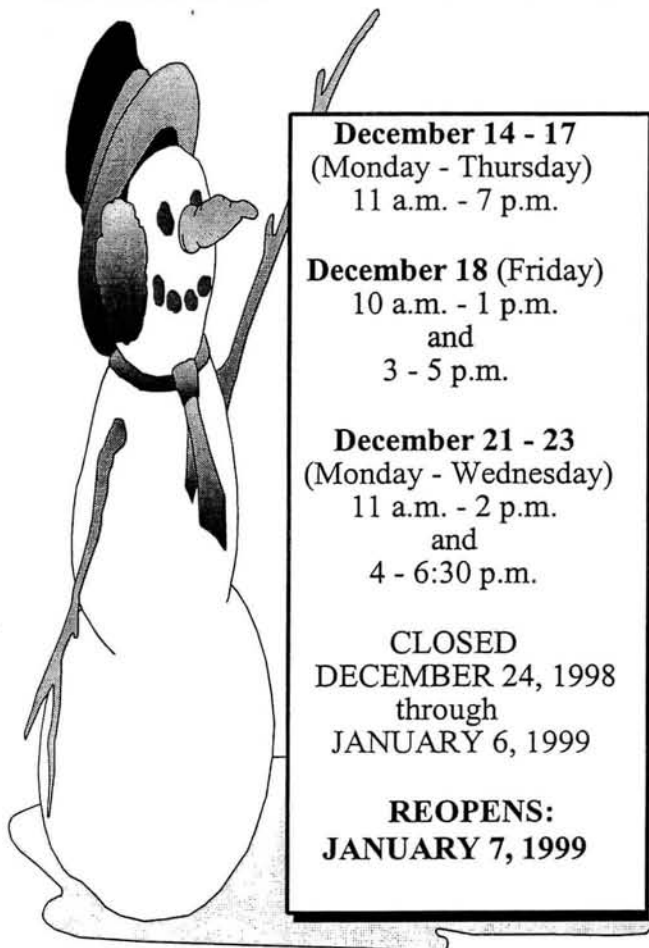
7:30 p.m.  
CE/PA Theatre

Make plans to come and listen to the GC Chorale, Jazz Band and Chamber Winds for an evening of holiday favorites in a wide variety of styles to start the holiday season on a harmonious note. Free admission. Reservations are not required.

Time has almost run out for ordering the GC SIFE team's custom calendars for the holidays. These full color 1999 calendars may be customized with up to twelve of your own pictures for the low price of \$20 per calendar. They make great family gifts — get two with the same pictures for a reduced price of \$35. Calendar order forms are available from any SIFE team member or contact SIFE advisor Katie Simmons at X3683. There is a display table in the ACTT and Student Centers. **This offer runs through TODAY, December 11. ACT NOW!!!**



### FITNESS CENTER HOLIDAY HOURS



The Gainesville College Women's Organization invites you (both men and women, faculty and staff) to their Annual Holiday Lunch and Auction on Friday, December 18, at 12 noon at Rudolph's on Green Street. The lunch is \$11.50 per person and can be paid at the door. **Please call Leora at X3610 to reserve your space by 5 p.m. today, December 11.**

Entertainment by the newly formed GC Chamber Winds and "Elf" Steve Gurr will be the auctioneer. **We need your donated items to auction!** You may bring them with you or drop them off at the office of Diane Carpenter.

There will be door prizes, good food and lots of fun.



The Gainesville College family wishes to extend its sympathy to the family of retiree Glenn Merritt who passed away earlier this week.



Angela Megaw attended the Georgia Library Association's 1999 Leadership Conference on December 7 in Decatur.

Christine Jonick conducted an introductory Internet Workshop for a West Hall High School computer class (who took a field trip to GC) on December 8.

The Social Sciences Division is helping make a joyful holiday for a White Sulphur family by serving as their Secret Santa. The family consists of a single mother with four young children. Division members contributed money to enable the purchase of children's gifts, clothing and perishable food.

# GENIUS

## Light smart delights

### Roast Cornish Hens

- 3 Cornish hens, approximately 1 lb each
- 1 tbsp. whole peppercorns, coarsely crushed
- 3 tbsp. chopped fresh tarragon, or 1 tbsp. dried tarragon
- 1 med. pear, cut into thirds
- 1 cup fresh parsley sprigs, rinsed
- 2 tbsp. monounsaturated vegetable oil (corn, soybean, sunflower, safflower, canola and olive oils are acceptable)

Thaw hens, if frozen. Preheat oven to 425°F. Remove giblets and discard. Save the necks for making stock. Rinse hens and pat dry. Gently loosen skin from meat on breast and legs by breaking the membrane that holds the skin to the meat and sliding your hand between the two to loosen the skin. Spread pepper and tarragon under the skin and in the cavity. Stuff each cavity with pieces of pear and parsley.

Place the hens on a rack, breast-side up, on the top of a 3-inch-deep roaster pan. Soak a cheesecloth in oil and cover hens with the oiled cloth. This keeps the meat from drying out. Put water in the pan to a depth of 1 to 1 1/2 inches to provide moisture and pan drippings for gravy. Place hens in oven, reduce heat immediately to 325°F and bake 45 to 60 minutes. Test for doneness by pricking the skin of the thigh; the juice should run clear. Cut each



hen in half before serving. Serves 6, 1/2 hen per serving.

•••

229 Calories  
25 g Protein  
12 g Total Fat  
3 g Saturated Fat  
4 g Polyunsaturated Fat  
4 g Monounsaturated Fat  
79 mg. Cholesterol  
6 g Carbohydrates  
66 mg. Sodium

**LIGHT**  
**RECIPES**

### Green Beans Oregano

- 1 lb. fresh green beans
- 1 tsp. acceptable\* margarine
- 1 tbsp. chopped fresh oregano or 1 tsp. dried oregano

Freshly ground black pepper to taste  
3 tbsp. sliced almonds

Trim and slice green beans into 2-inch sections. In non-stick skillet, heat margarine over medium-high heat. Add green beans and sauté 2 to 3 minutes, stirring constantly so beans cook evenly. Add oregano and pepper, sauté 20 to 30 seconds. Beans should be tender-crisp. Sprinkle with almonds and serve immediately.

\* Select margarines that have no more than 2 grams of saturated fat per tablespoon.

•••

47 Calories  
2 g Protein  
3 g Total Fat  
0 g Saturated Fat  
1 g Polyunsaturated Fat  
2 g Monounsaturated Fat  
0 mg. Cholesterol  
5 g Carbohydrates  
9 mg. Sodium

# 1999

## DEAN'S ADMINISTRATIVE CALENDAR

### January

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### JANUARY

- 6 REGISTRATION & SCHEDULE ADJUSTMENT  
NEW STUDENT ORIENTATION, 10:30 AM & 12:30 PM, Lanier A/B
- 7 CLASSES START  
LATE REGISTRATION & SCHEDULE ADJUSTMENT thru JAN. 13th
- 15 ACADEMIC COUNCIL/DELIVERY MEETING, 12:30 PM, PCR
- 18 MARTIN LUTHER KING, JR. HOLIDAY (Campus Closed)

### July

S	M	T	W	T	F	S
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### February

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

### FEBRUARY

- 3 LAST DAY to DROP 1<sup>ST</sup> SESS. CLASSES w/o ACADEMIC PENALTY
- 5 ACADEMIC DELIVERY, 12:30 PM, DCR
- 11 TIME MANAGEMENT WORKSHOP, 11:00 AM & 5:15 PM, PACE  
PROBE TRANSFER FAIR, 10:00 AM - 12:00 PM, Lanier A/B/C
- 18 STUDY SKILLS WORKSHOP, 11:00 AM & 5:15 PM, PACE
- 25 TEST ANXIETY WORKSHOP, 11:00 AM & 5:15 PM, PACE
- 26 ACADEMIC DELIVERY, 12:30 PM, DCR

### August

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29	30	31				

### March

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28	29	30	31			

### MARCH

- 1 1<sup>ST</sup> SESSION CLASSES END
- 2 LAST DAY TO DROP FULL SESSION CLASSES w/o ACADEMIC PENALTY  
STRESS REDUCTION WORKSHOP, 11:00 AM & 5:15 PM, PACE  
1<sup>ST</sup> SESSION EXAMS
- 3 2<sup>ND</sup> SESSION CLASSES BEGIN
- 10 JOB FAIR, 9:30 AM - 12:30 PM, Student Center  
REGENTS' TEST APPLICATION DEADLINE
- 11 TRANSFERRING WORKSHOP, 11:00 AM & 5:15 PM, PACE
- 12 LAST DAY to DROP 10 WK CLASSES w/o ACADEMIC PENALTY
- 18 RESUME WRITING WORKSHOP, 11:00 AM & 5:15 PM, PACE
- 19 10 WEEK CLASSES END  
REGENTS' TEST WORKSHOP, 1:00 PM & 5:00 PM, Lanier C  
ACADEMIC DELIVERY, 12:30 PM, DCR
- 23 CAREER FAIR, 10:00 AM - 12:00 PM, Lanier A/B/C
- 24 REGENTS' TEST, 7:00 PM (1<sup>ST</sup> TIME and REPEATERS)  
CE/PA 108, 109/110  
SPRING FLING 11:00 AM - 1:00 PM Student Center (outside)
- 25 REGENTS' TEST, (1<sup>ST</sup> TIME ONLY) 2:30 PM, CE/PA 108  
REGENTS' TEST, 7:00 PM, CE/PA 108, 109/110
- 26 LAST DAY to DROP 2<sup>ND</sup> SESS CLASSES w/o ACAD. PENALTY  
REGENTS' TEST, 2:30 PM, CE/PA 108, 109/110
- 29 SPRING BREAK - NO CLASSES THROUGH APRIL 2

### September

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26	27	28	29	30		

### April

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### APRIL

- 8 EXTENDED ORIENTATION, 6:25-7:25 PM, Student Center
- 9 ACADEMIC COUNCIL/ DELIVERY, 12:30 PM, DCR
- 15 HONORS DAY PROGRAM (Gym)
- 29 FULL and 2<sup>ND</sup> SESSION CLASSES END  
ADMINISTRATIVE COUNCIL, 3:00 PM, LIB/AV  
"A DAY FOR GAINESVILLE COLLEGE" Fund Raiser
- 30 FINAL EXAMS  
ACADEMIC DELIVERY, 12:30 PM, DCR

### October

S	M	T	W	T	F	S
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### May

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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### MAY

- 3 FINAL EXAMS
- 4 FINAL EXAMS
- 5 FINAL EXAMS
- 7 GRADUATION, 7:00 PM, Georgia Mountains Center  
(Reception at 5:30 PM)
- 10 MAYMESTER REGISTRATION & 1<sup>ST</sup> CLASS DAY

### June

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

### December

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31