

Oral History

Debbie and Justin

July 8, 2020

Justin: How are you doing today?

Debbie: I'm good, how are you?

Justin: I'm pretty good. Did you have a pretty good weekend? I know you said you had some plans with some friends.

Debbie: Yeah, I had several people over at the house. We did some karaoke and grilled out and had a good time. And then I got up and left Carmen and Wayne in bed when I went to church Sunday morning because they were still asleep. And I got up and went to church and we sang "God Bless the USA" and the whole congregation stood up, it was so cool.

Justin: ok.

Debbie: Our choir and orchestra was all dressed in red white and blue and it was a really cool service.

Justin: Ok, that's good. I'm glad to hear you guys had a good time.

Debbie: Yeah, it was a good weekend.

Justin: Have you uhm...do you know when your next doctor's appointment is going to be about your lymphoma...or have you heard a, anything about that, yet?

Debbie: I've just got the PET scan on Tuesday. Next Tuesday.

Justin: Ok, this coming up Tuesday.

Debbie: Yeah, I've had a couple other places come up that I'm afraid are...on my leg that I'm afraid are lymphoma. So I called the doctor's office to make sure that he wanted me to have a biopsy before...because I wasn't sure that if the skin stuff would show up on the PET scan, but

he said it would, so I'm not going to worry about it. He said he'd rather I just wait and see what shows up on the PET scan.

Justin: Ok.

Debbie: That's what we're going to do and then we'll decide on treatment, you know, based on how that comes out, what treatment is next and what we do from there. So I probably won't know until, I'm guessing Thursday or so of next week because it will take at least a day or so to get it to the doctor and for him to call me.

Justin: Ok. And by the way, I forgot to mention at the very beginning because I'm still getting used to this, but I am recording the call, is that ok?

Debbie: Yeah, sure.

Justin: I knew I was forgetting something, so oh yeah, there we go. Bless my heart. Ok, so today, on the list of questions, we've gone through...we've done...I've asked you what the most difficult times of your life was, what were some of the happiest times, and then we talked about what made you smile and feel good for the week. Today, I want to go over asking you about you're...more of your experiences with like, the coronavirus and the lock down. So the first question that I have that is relevant to that is tell me what has changed for you during the pandemic in the past few months.

Debbie: Well, you know when they first did the corona virus, well, first of all, I wasn't seeing my parents very often because they had shut down, you know, there place because obviously they didn't want to get the corona virus in there. And, only going when they needed something, right, so I haven't seen them much. My sister and I really for the first part of it, weren't seeing each other. We...I wasn't going anywhere, and Kroger was...I tried to go during the times when they had seniors come so that I wouldn't have to be so much at risk. But I will tell you, the

corona virus has been very, very hard for somebody that lives by themselves. I talked to several people at church that are widows, or whatever, that lives by themselves and don't live with their kids and it's been extremely hard for, including myself. I actually had talked to somebody at the church, I'm looking to get somebody to...maybe a counselor of some kind to talk to, but I want to go through the church rather than my doctor to get somebody to talk to. Just because I...just in general...like I told you, July has always been hard for me. And I think with the pandemic it has made it harder because I don't see people. You know. I'm very much a people person. Just talking to people on the phone is great, but it's not the same. You know, I'll say that it has helped my moral and getting me back in church, but being without church and without all of that during the first part of the pandemic it's just very, very difficult. I guess that's the hardest part of the pandemic, just being away from people.

Justin: Just the isolation aspect of it.

Debbie: Yeah. Because I mean, I'm used to going and getting out and doing stuff. Pretty much every day I was getting out and going somewhere. And there's weeks at a time when I don't leave the house. So, you know. I think the isolation is the hardest part of the pandemic.

Justin: Ok. So, the other question that sort of ties into that is are there things...are there new things in your life that weren't there, or you didn't notice prior to the pandemic. So are there new things you've noticed about...you know...have you gotten any clarity about your life or your daily activities and stuff since the shelter in place orders have been put in place since March.

Debbie: Yeah, I guess the biggest clarity I have is that in, I mean, I have friends and family, all of that. But when it all comes down and said and done, I'm by myself. You know what I mean? I think it's kind of made me realize even more that I'm on my own. I need to handle things on my own and I don't want to become dependent on people. You know what I mean? Not that I don't

want friends and all that, I don't want...I want to be self-sufficient. And I think that's becoming clear to me through this pandemic. But...which is something I never thought about. Even the diagnosis of the cancer again it's like knowing I'm going to have to go through this by myself again. I mean, I always had Phil here and he was here day and night. You know. So, if I felt bad at night, or if I, you know...and it's not gonna be that way, it's just gonna be me. I mean, not to say there can't be people to come help, I'm not saying that. I'm just saying that, when it's all said and done, it's just me. Right?

Justin: Yeah. Yeah. So, you don't have that same companionship and that's something you think...

Debbie: Right. That's something that I'm coming to realize more and more. Because there is no...there is no desire or chance. I mean I want to make sure that I'm ok doing this by myself because I mean, I have my dogs, which keep me company, you know. But I have no desire, no intentions of finding somebody else. That's not an option for me.

Justin: Yeah. Would you think you would ever consider, you know, a friend or maybe even a relative that you could maybe kind of be a roommate with, or a situation like that? Do you think that would be something that you would be willing to explore to see if it would kind of help you with those feelings of isolation or no?

Debbie: You know, if the time came about where one of my girlfriends or something was widowed or something and wanted to move in or something, I would consider that, but it would depend on the person if I would I want do that or just live by myself.

Justin: Oh yeah. You can't just live with everybody. I know that.

Debbie: That's so true. That's so true. I mean, mom and dad just had it in their head that when Phil passed, I was going to sell my house and move in with them. I was like...no. I...for

me...being by myself, even though it's hard, is better than...because I always feel like I have to hide my emotions and stuff when I'm around other people and I think I was raised that way, pretty much. Because I don't show emotions around my parents at all and having them living with me? I think I would explode. I just think I would, you know, I don't think I could handle that at all. And that's why I said it would have to depend on the person. Whether it was somebody I could truly be myself with. There's a few of my friends that I'm pretty much myself with and if I'm upset, I'm upset and they're ok with it.

Justin: And that's what friends are for and that's just being a good friend is that for you know, the rainy days, the good days, you know and everything in between. So. Yeah.

Debbie: Yeah, so it would depend on the person. I just have to realize; I mean I think that for me it's better to look at it that this is gonna be my life and I need to make the most of it. I think that's gonna be the better because I, you know there's no there's no people in sight right now I'd move in with that person or I'd have them move in with me. There's nobody right now I would do that with. In the circumstances with how everybody is today.

Justin: Exactly, I definitely understand that.

Debbie: And my sister is a lot younger than me, she's in her early fifties. And her husband is even younger than that, so. You know I don't expect, I don't expect to outlive them.

Justin: Mhmm. I mean, you are a medical miracle. So, you...don't count yourself out. We've already established that you are a medical miracle, so we're not going to discount that possibility.

Debbie: That's true.

Justin: Ok, so uhh, that was a great...I really appreciate that. So, the other one we're going to go over today is, and we've definitely touched on it before, so you know, it is in regards to a time in

your life when everything seemed to change. So, tell me about a time in your life when everything seemed to change is basically the question. And I know you have a really good answer to this, especially since you have one of the best examples of that that I can possibly even come up with. So do you mind discussing that with me today?

Debbie: No, no. I...so...and actually there are some things that I haven't told you that I don't mind if you tape, but I don't know if I want it in your write-up.

Justin: Ok, so..

Debbie: It kind of goes along with this. Ok.

Justin: Ok, let me know...what you want to...actually so, what I can do is, if you want to at the end of this call, if you want me to call you back on the non-recording line, I can do that and then we can kind of discuss that and I would love to hear anything you want to share with me. But I'm not certain if these things are going to be uploaded, so I'm glad you said that because I wouldn't be able to edit the audio, and if whereas if we're just doing transcripts, I can edit that out. So, just for your safety, I don't want you to...yeah, I I'm not certain if we're going to be doing the voice and the transcript. Ok, so...

Debbie: Ok, that's fine. So you can just call me back after and I can tell you the other part of it.

Justin: Ok, so share with me what you're ok with being on audio.

Debbie: So, in May of 2018, I lost my little dog that I had had for 16 years. I had to have her put down at the end of May. And then on July 17th, which was two days before our 43rd wedding anniversary, I lost my husband. And then on September, I believe it was September 9th, I lost my job. And I had been there twenty years. And so I mean, that's really who I was: I was Lacey's mom—which was my dog—I was Phil's wife, and I was a Veriphone employee and was a manger of a staff of around 13 people, it fluctuated some, but around 13 people for most of my

career at Veriphone. And we were very close...it was very much like a family. You know. I mean I was very close to the people that reported to me. I wasn't necessarily...the company got bought out, so the people that were in charge were different people than had been in charge before. So, I couldn't say I was close to the high ups, but I was close to my team. So I felt like that was being taken away from me. I had to sit back and go, "I don't even know who I am now." You know, I don't know who ... I don't know what I'm going to do with the rest of my life because Phil, that was one of the things he said to me when he could still talk was to say, "what do you want to do with the rest of your life?" And I told him, "I honestly don't know, all I can think about right now, is I want to go with you. That's all I can think about right now." And, so I had to step back and think, you know, at the time, it didn't feel like they were doing me a favor. They did me a favor. But, I had to find me. I had to figure out what I wanted to do with the rest of my life. And I'm still trying to figure that out to be honest.

Justin: I definitely understand that struggle.

Debbie: But there was just so much change all at one time, I didn't get to time to grieve my dog because I was so busy taking care of Phil. I mean it really didn't...I was just so busy taking care of him in his last days because he found out the first part of June that his treatment wasn't working. And so, all of that happened so quickly and then he passed away in July and then I was just getting home and trying to say, "I can focus on work right now, that's one thing I can focus on." And so, I would have buried myself into work and never grieve like I should have. And so, like I said, that's the reason I say they did me a favor because it gave me a chance to...I mean it pulled the rug out from underneath me, but it gave me a chance to figure out, ok, what am I going to do now? And I knew I wanted to get back into church and get back in choir and that's when I found the grief share at the church to kind of help me get through that and figure out what

to do next, and there is a lot of stuff you have to do when you're left with you know...I mean Phil had a will, but there's still so much stuff to do when somebody passes...that you have to get things put in your name, you have to cancel things, you have to...I mean there was so much to do. There was so much to do. It, it, my whole life changed.

Justin: Yeah.

Debbie: Thank goodness Phil's family I'm still very close to which helped me get through some of that because there's nothing like when you've lost somebody, to be able to talk to people that loved him as much as you did. There's a peace in that, being able to share stories and you know, talk about things that were important to them. And I've been able to do that with Phil's mom, and she's been great about it and she needs to talk too. It's been good for both of us that we share stories about Phil and that kind of stuff. And Phil's brother is the same way, he's been really good about that too. My sister and I share stories. She was pretty close to Phil, too. And we've been sharing stores. My mom and dad don't even...I mean it's like his name gets mentioned and they change the subject. It's like they don't know how to, you know, I guess they're afraid I'll get upset. Well, sometimes I do, but it's good for everybody to do that, you know. And so, it's like he doesn't exist when I'm with my family, except for my sister.

Justin: Do you find that to be kind of hurtful when they do that? Or, yeah.

Debbie: Yeah, and the fact they didn't come to the service. I mean, Shawn offered to come get them and bring them up there and they wouldn't come. So, that was very hurtful and it's taking me a little while to forgive them for that.

Justin: And, and I don't mean to overstep my bounds and ask this question, but have you ever tried to get that off your chest to them? Have you expressed to them that that hurt or did you just think it's best to avoid it?

Debbie: It's best to avoid it. I finally just came to grips with it myself. I just prayed about it because you've got to forgive people because it hurts you more than it hurts them. So you just gotta forgive. And finally, I was able to put it aside. Their excuse is they can't make that trip. Well, I bare to differ, because after Phil passed, my dad likes to go to the VA, and he goes to the VA in Kingsport because he couldn't get into the VA, here. And it allows him to get his medicine, ok, cheaper, because it's the VA. And he only has to go once a year and last August I took them to the VA for his appointment. That's a five-and-a-half-hour drive.

Justin: Yeah.

Debbie: My husband was in Knoxville, which was three hours, and they did not come. What I'm saying is, they can go when it's important to them. And I think that's what bothered me so much. It was like obviously it wasn't that important to them. I mean I know a trip like that is hard on them, but it's not an easy trip for them to make. My mother-in-law is 90 and she drove back and forth to Knoxville to Kingsport constantly to see him. So I just, I just feel like they could have at least come for the service.

Justin: And and, I can understand that. I can't imagine what...how I would feel in that situation. Yeah.

Debbie: You know, that's been something I've had to get over.

Justin: Yeah.

Debbie: But it just changed everything for me. It's a whole different...a whole different thing for me. One of the things I did was let my hair go grey. I had been coloring my hair since I was probably 40 because I'd been turning grey kind of early. And I just didn't like to look at the grey and so I kept coloring it. And it's just such a pain in the butt to find somebody to color your hair right and it not look colored. It's hard to explain.

Justin: A natural. You wanted it to look a natural color.

Debbie: Yeah. I don't want it to look like I just had it colored. This one lady I went to for years was wonderful and she was retiring. And I was like, I just don't want to fool with it because I was having a really hard time finding somebody when I found her to do my hair. To do it like I wanted it. I'm just gonna let it grow out and I'm gonna let it be grey. And my girlfriend's daughter-in-law is a beautician and she helped me. She colored it kind of light so that I didn't look like a skunk. Like the way it was growing out, so it wasn't so drastic.

Justin: Uh huh. Yeah.

Debbie: And then because it was long, I had hair down to my shoulders when phil passed. Because I sent you some of those pictures of me not being grey. And some of those were not that long ago. I just kept it colored because he liked long hair, and I don't like long grey hair. I just don't think grey hair typically looks good long. And so, went as my hair started growing out, I went to the beautician and I said, "Let's see if I cut it if I'll be all grey." And so she just cut it and sure enough when she cut it, I was all grey. So now all I have to do is cut it, I don't have to worry about color and finding somebody to do it, I just, you know, and that's it. That's one change I made.

Justin: I think that white hair looks really good, I really do. I hope I go all white when...you have the color hair I hope I get one day.

Debbie: Well, my hair is really thick still, I'm very fortunate in the fact that I have, you know, it's not fine and thin and all that. It's very thick and course. So, I have a pretty thick head of hair so it doesn't...but...it just every day I find things I want to do. One of the things I miss a lot is dancing. I love to dance. And Phil and I took line dancing classes a lot. And I signed up for once class and I really didn't like the instructor. The lady that we took from for the longest time quit

teaching adults, she still teaches children, but she doesn't teach adults anymore. And the lady I was taking it from, the new lady, I didn't like her at all. She was very rude, she's older, but she was very rude. And I wasn't enjoying the class and rather than making me start hating it I just like I quit. And if I could find a line dancing class or something, I would enjoy going to. But I miss that, I miss the dancing.

Justin: Didn't you tell me, or maybe I read it because I've done a bunch research on the Forsyth county senior center and I want to say I read something about line dancing lessons they had at the senior center. Is that...or did you go to those? Or did you go to something else?

Debbie: No, I went once to just the county. It was one the county had. And I was gonna sign up for the one they were getting ready to have at the senior center before COVID happened.

Justin: Ok.

Debbie: Because I was gonna try it. And then I didn't get a chance to ...I didn't get a chance to do that.

Justin: Now do you think you're a pretty good...adept line dancer...or like would you be willing to help participate in like the helping the teaching of it or you just want to participate?

Debbie: Well, I taught some...I'll explain square a little bit later, but I've taught some of my friends how to line dance. I used to do classes for them on Saturdays sometimes. But it's certain line dances that I had learned when Phil and I had went...the thing about line dancing as new songs come out, new line dances come out and you have to learn new...you know, it's not like when you're a swing dancer or a Latin dancer, or whatever. You know, you progress and learn new...you know, get better at it, I guess you could say. A line dancing class is basically...you can do a beginner as well as an advanced person if you're going to teach line dances that they haven't learned before. You know what I'm saying?

Justin: Because the dance is just different.

Debbie: Some of them can be more complicated than others cause we did do some complicated ones in Elizabeth's classes that she taught. But I could teach some of the line dances that I know. But I don't...unless I can find a way to learn news ones, it would get boring after you, you know, taught for a little while. But if you have the same people coming, you know, they would get bored with the class after a little while. But I've taught before. I taught exercise actually. When we lived in Tennessee, I was an aerobics instructor for a while.

Justin: Oh really?

Debbie: Yeah.

Justin: That's cool. Yeah.

Debbie: I taught at a women's center and I taught maybe for three years as and it was in between jobs when I couldn't find anything. Because Tennessee, East Tennessee where I was from originally, was a small town and there wasn't a whole lot of jobs, you know. And I went through sometimes when I wasn't working and so I started teaching aerobics at this and I taught like, on Monday Wednesday, and Friday, I taught six classes a day, and Tuesday and Thursday I taught five a day.

Justin: oh, wow.

Debbie: And I absolutely loved it. It was lots of fun. And I taught some older ladies, I taught when I first started teaching, my morning class was all elderly ladies and so all they wanted to do was keep moving. My evening classes were my working ladies and they wanted to be killed. You know, because they wanted to work their stress of for the day.

Justin: Uh huh.

Debbie: So I taught a different type of class depending in my class. But I had a really good time doing that. It was lots of fun. You know, I love Zumba. I used to go to LA Fitness before the pandemic happened. I used to go at least three days a week there to Zumba class. So they haven't opened the classes yet, they've opened the gym, but they haven't opened the classes back yet.

Justin: Ok.

Debbie: That's another thing in the pandemic, that that's just killed everything like that, you know.

Justin: Yeah.

Debbie: And to go where like a country bar where they do line dancing, you can't do that because the...that kind of stuff isn't going on these days. And you know I love karaoke, so that's one of the things I loved to do and that's the reason I've been trying to make sure I have my setup here to where I can still do it at my house. We've been able to do. I've got a setup upstairs and I've almost got it set up completely downstairs. We were working on it this past week because I've got a bunch of different microphones and I've got a whole big...a lot bigger setup downstairs than I do upstairs. That's something I absolutely love to do. But and those things I love to do back in the day when Phil and I were married, we'd do them together. Phil didn't particularly love dancing, but he would do it because he knew I loved it so much. And he went to line dancing classes with me and would learn the line dances. And the good thing about line dances it that you don't have to have a partner. That's one thing I always loved about line dancing. It's because when Phil didn't want to dance or wanted to go hang with the guys, you know, I could always line dance because you don't have to have a partner to do that.

Justin: Mhmm. Well, that's good. So uhm, ok let's.... uhm...let's see, let's go over what lessons have you learned about living through difficult times?

Debbie: That you need to count on yourself. You can have friends, but you need to, you need to be able to be strong and count on yourself. I mean because, you know, and even with your health. I mean when you...doctors are great, but I wouldn't be here today if my doctor hadn't listened to me. You know, because when I went to my doctor for the liver cancer, they ran tests. I told her I wasn't feeling good and that I had a metallic taste in my mouth and that was really the only symptoms I had. But I'm not a person that feels bad, like all the time. I just don't do that. And so, I told her, I said I'm really having a rough time, I'm feeling nauseated all the time, I just can't get past it. And I have a metallic taste in my mouth, and she ran a bunch of tests and she said, "well, your liver enzymes are a little high, but nothing to be concerned about and I don't see anything that you know, screams out at me." She said, "let's see how you feel in a couple weeks." I waited one day and called her back and I said, "Look, there's something wrong, I can't tell you what it is, but I know something is wrong." And she...I had been going to that doctor for so long and she knew I hated taking medicine, so she knew I wasn't, you know how some people just want medicine?

Justin: Yeah.

Debbie: And she knew that wasn't the case. She said, "Ok, let's do an ultrasound, because maybe you're not having pain with the gallbladder, but maybe it's the gallbladder. Let's do an ultrasound and see what we find." She did the ultrasound and that's when they found the mass in the liver. And if I had gone back and waited and waited, they may not have been able to...they can only remove 80% of the liver and it still regenerate and they removed 70% of mine.

Justin: Oh wow.

Debbie: So, if she hadn't listened to me and that's one thing that you have to learn. You have to learn to take care of your health. You have to learn to listen to your body and if you're doctor

won't listen to you, you need to find one that will. Because that's one of the main things my brother-in-law, who's a doctor at the university in Knoxville, Tennessee...he says, both his daughter and his son are both in the medical field and he says, "If you don't learn anything from me, learn to listen to your patients." He said, "that is the most important thing about being a doctor is listen to your patients. They'll tell you more than you'll ever get from any test, if you just listen."

Justin: Yeah.

Debbie: So, I think you have to be your own advocate for your health...for everything. You have to be your own advocate and stand up for yourself. I think that's one of the main things I've learned.

Justin: I know you said journaling definitely helped you a lot.

Debbie: Yes. Yes, it did. I journaled during the cancer treatments, I journaled all of Phil's all the stuff I went through with Phil. And that helps a lot because, even when Phil had cancer, I went back and read my journal so it would help me relate to him more because you really forget about the bad times, you really do, and as time passes you don't remember all the days you felt bad and how bad you felt. You know, people don't want to remember the bad stuff. And you have to think hard sometimes to remember how that felt and I wrote all that down and so I went back and read that so I would be more sympathetic and more understanding as Phil was going through it. So, the journaling helped me a lot. And it helped me to journal how I felt as the days went on and I go back and read them now. I've been reading, like the last two years, I've gone back and read, like today...tonight I'll go back and read about what happened on this day two years ago and last year. Because it just, I don't know, it just makes me appreciate where I am now.

Justin: So, it's therapeutic you feel, when you go back and read it?

Debbie: Yeah.

Justin: Does it give you clarity at all, like when you read it? Does it give you clarity for how you're feeling now as opposed to how you were feeling when you were going through it then?

Debbie: It does. Like I said, it makes me appreciate, really appreciate how far I've come. You know because some days I feel like I haven't really come that far at all, I mean some days because I'm crying or getting upset about certain things. Sometimes I feel like I just haven't...I just feel stuck. And then I go back and read how I felt a year ago and how, you know, and I think, yeah, I have come a long way. So, it does give you a clarity about that, I do think.

Justin: Yeah, I think clarity is probably...is really important when you're trying to see where you came from and if you're going through something now you see that...you can compare yourself to other people's situations, but then having the ability to, you know, see how yourself; how you were then, is also, you know, really, probably very revealing.

Debbie: Yeah, comparing yourself to other people is hard. Because everybody goes through grief differently. And that's one of the things they teach you in grief share, is don't let other people tell you, you should be over it by now. Because it takes as long as it takes, I mean, and everybody goes through it differently and, you know, brings them peace may bring somebody else horror. You know, I mean, it's like, we went to see a lady yesterday, my girlfriend and I went to see a lady yesterday that is from choir that hasn't been able to come to church and she, she's got some problems with her bones and she lost her husband, it's probably been like right at a year ago. And she wouldn't even go back in the house they lived in. She immediately sold her house and moved in with her daughter. And I can't fathom leaving this house. I can't even. That's like the furthest thing from the in the world to me. And she just couldn't go back in the house. And that's what I mean, everybody is different and what gives...I mean, she's happy

living with her daughter. And of course, I don't have any children to live with, but I could have moved in with my sister, I could have moved in with my mom and dad...but, uh ugh.

Justin: Hard no. That's a hard pass. Ok.

Debbie: Well, at the time, my mom and dad did live with my sister. So they were like, "we've got plenty of bedrooms, you can move in with us." No. No, I don't think so. But everybody deals with it different and to compare yourself to somebody else that's been through it, you might think, "oh I must be crazy," or start thinking less of yourself or whatever, if you compare. You know what I mean? So, you have to...I think it's better to see how far you've come personally, as opposed to comparing yourself to other people that are going through grief.

Justin: Oh wow.

Debbie: I mean you can learn from them, but don't, but you have to not...their life was different than yours. I mean, they've got children, or they've got...you know, everything is different. So, like, if you...they may not have lost all three things like I did. They may not have been as close to their spouse as I was, you know what I mean? It's just, you can't compare. You just can't, no matter how long the people have been married, you just can't...it's not the same. And everybody deals with grief differently. So.

Justin: So, I think that's really, I think that's really an interesting perspective to have, and just good advice all around to, you know, to try to compare your own healing with someone else's and your own experiences to theirs.

Debbie: Yeah, everybody is different. You're raised different, you believe different things, you know. It gives me peace to believe with all my heart that Phil is in heaven and waiting for me. That gives me peace to, you know, live my life here and as that song says, "I'll meet you when

my chores are through.” You know, that song is just...the chorus of that song just helps me a lot. I have Alexa play it quite often.

Justin: I love that. Alright, so do you want to...if you still want to share that with me, I’ll go ahead and end today’s call and then give you a call back because the app I use, it goes through a separate phone number to record the calls and then they send it to me. So yeah I’ll give you a call right back if you still want touch on that other stuff with me.

Debbie: Yeah, I will. I think it will be good for you to know that. Give you a different perspective.

Justin: Ok, well awesome. I’ll give you a call right back, then.

Debbie: Alrighty.

Justin: Bye